



CHARLES IFERGAN

Proper care for your hair extensions will keep them looking beautiful and ensure they last. Here is a complete guide on how to *maintain, brush, wash, and style your extensions* with our Ifergan expert tips.

HAIR EXTENSIONS AFTERCARE GUIDE

DAILY MAINTENANCE

Embrace consistency by incorporating a daily brushing routine. Dedicate a few moments, 2-3 times a day, to gently brush your extensions.

Always brush your hair before you shower AND before bed to minimize tangling and breakage.

Never go to bed with wet hair.

Wear your hair in a braid or low ponytail at bedtime, preferably with a scrunchie.

Sleep on a silk pillowcase or bonnet.

HOW TO BRUSH



STEP 1: MOISTURIZE

Prepare your extensions by lightly misting with leave-in conditioner or detangling spray.

STEP 2: USE THE RIGHT BRUSH

Use a flat boar bristle brush to minimize snagging and pulling. Brushing too hard with the wrong brush may rip the hair extensions from the roots.

STEP 3: START AT THE BOTTOM

Brush from the ends upward with patience and care.

STEP 4: PROVIDE SUPPORT

Hold the base of your hair/extension row while brushing to reduce tension.

WASHING



- Do not wash hair for at least 24 hours after application.
- Always brush thoroughly before washing.
- Divide hair into sections for easier washing.
- Use sulfate-free, paraben-free, and color-safe shampoo.
- Shampoo starting at the scalp using a 'Z' motion. Avoid circular scrubbing or flipping hair upside down.
- Rinse thoroughly down to the scalp.

CONDITIONING



- Apply conditioner from mid-shaft to ends. **NOTE: Adding conditioner at or near the point of attachment may lead to tapes slipping out.**
- Leave conditioner on for 2-3 minutes and rinse thoroughly.

DRYING & STYLING



- Towel dry hair as much as possible before blow drying.
- Apply leave-in conditioner, heat protectant, and oils from mid-shaft to ends.
- Use a round brush starting at the ends and working upward.
- Heat styling tools (270°F–400°F) are safe with heat protectant.
- Avoid applying heat directly at the attachment points.

SWIMMING



- Avoid swimming if possible. Chlorine WILL alter color of your hair extensions.
- If swimming, wet hair first and apply leave-in conditioner.
- Tie hair in a loose braid or ponytail before entering water.
- After swimming, rinse hair and reapply leave-in conditioner.

SLEEPING



- Brush hair gently and loosely before bed.
- Never sleep with wet hair to avoid scalp tangling.
- Wear your hair in a braid or low ponytail at bedtime, preferably with a scrunchie.

SUNSCREEN



- Avoid spraying chemical sunscreen near extensions as it WILL cause discoloration. Using a mineral based sunscreen is suggested.
- Tie hair back in a bun or ponytail before applying sunscreen.